

## St. James and St. Anne Catholic School Councils Present:

# Creative Consequences for Kids

*"I'm a disciple! It's obvious that Monique loves kids. Highly recommended."*

**- Judy Romanchuk,**  
Teacher

*"Excellent speaking. I didn't even notice the time going by."*

**- Valerie Bennett,**  
Professor, U of V

*"Monique's engaging and empowering talk inspired parents and educators!"*

**- Sarah Klein,**  
Manager of Recreation, Town of Whitby

*"Again thanks for the greatest session that I'll never forget my whole life."*

**- Raghda in Kingston,**  
Queens University National Conference Women in Engineering

*"One of the best motivational speakers I've seen. Down to earth and motivational!"*

**- Dani Mosey,**  
John Howard Society

**Co-Hosted by St. James and St. Anne Catholic School Council**

**Date:** Wednesday, April 28<sup>th</sup>, 2010

**Time:** 6:30 – 8:30 pm

**Location:** St. Anne Catholic School Gymnasium  
500 Stonehaven Drive, Kanata,



## An Evening with Monique Howat

*Co-Hosted by St. James and St. Anne Catholic School Councils*

**Wednesday, April 28<sup>th</sup>**

**6:30 – 8:30 P.M. St. Anne School Gymnasium**

If what you're doing isn't working; make a u-turn on your approach to discipline. Parenting should be scream-free and you needn't repeat yourself again and again! Best of all, your child will learn their lessons quickly and grow forward...just like they're supposed to. Learn this popular and uniquely different approach to discipline. It's fun and interactive too. Your kids will thank you for it!

Monique Howat is a youth motivator specializing in self-esteem strategies and the founder of *Confident Girls and Guys*. Monique is passionate about motivating individuals to attain positive changes they can enjoy for life. Her keen wit and expertise is delivered with innovative techniques that she continually develops to ensure clients reach a higher state of motivation. She is recognized for her creative and motivating strategies that activate every workshop and inspire even the toughest audiences.

***Don't miss it!***